

# BRUNCH N' BEATS

VG - Vegan  
V - Vegetarian

## GROW'S BRUNCH WRAPS

A Toasted Tortilla Wrap filled with our Breakfast Favourites.

Served with Homemade Muhammara on the side, Grows Pickles and a dressed Mixed Leaf Salad

9

### HG WALTER SAUSAGE

Cumberland Sausage,  
Egg and Monterey  
Jack Cheese

9

### EGG & SPINACH (V)

Free Range Scrambled Egg,  
Spinach, Confit Tomato and  
Monterey Jack Cheese

9

### VEGAN SAUSAGE (VG)

Vegan Sausage, Spinach,  
Confit Tomato and  
Vegan Cheese

| Add a Side of Harissa Fries 3 |

## POTATO & BEAN HASH (VG)

9

Crispy Seasoned Potatoes, Spiced Black Beans with Baby Spinach, Garlic, Confit Cherry Tomatoes topped with Vegan Applewood, Crispy Onions and smoked Paprika Salt

| Add Free Range Poached Egg 1.50 | Sausage 2.25 | Vegan Sausage 2.25 |

## VEGAN MEZZE FOR 2

21

Roasted Garlic Hummus topped with Toasted Pumpkin Seeds, Our Homemade Muhammara, Grow's Signature Falafels, Moroccan Spiced Sweet Potato, Marinated Olives, Dressed Baby Leaf Salad, Pickled Pink Onions, Warm Lebanese Flatbreads with Za'atar (VG)

| Add Marinated Free Range Chicken 3 | Halloumi 3 | Grow's Handmade Falafels | 2.50 |

## HARRISA FRIES (VG)

5

Signature Sure Crisp Fries coated with our own Harissa Spice and Salt blend

## DESSERTS

4.5

### BROWNIE (VG) (GF)

A warm, Goopy Salted Caramel Brownie,  
topped with a Raspberry Crumb

4

### YORVALE ICE CREAM (V)

Double Choc Chip - Caramel  
Honeycomb - Vanilla - Strawberry

## SIGNATURE BRUNCH DRINKS

Recommended to accompany brunch dishes Full drinks menu available.

9.5

### Bloody Mary

Victor's special spicy  
recipe, made with love  
and served with a stick  
of celery

6.5

### Mimosa

Made with Wild Free  
Organic Prosecco and  
Orange Juice with  
splash of Grand Marnier

3.5

### Eager Juices

Choose from Orange,  
Pineapple or Apple,  
garnished with a slice of  
fresh fruit

2.5-5.5

### Union Coffee

Flat White, Americano,  
Cappuccino, or Latte  
(Iced available) -  
freshly ground and  
served

Please inform us about any food allergies when placing an order. Whilst we do our best to prevent cross contamination, please be aware we use sesame, gluten, nuts, dairy, egg, mustard, soya and sulphur dioxide in our kitchen

